

# Free the Pill

Online Prescribing Platform	Age Limitations	Location Limitations (for prescribing, not delivery)	Cost and Insurance
<a href="#">Alpha Medical</a>	13+ (depending on state law)	California, Florida, Illinois, New York, Ohio, Texas, Virginia, Georgia, and Washington	<p><b>Consult/Prescription Fee:</b> \$10</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Accepts insurance, including Medicaid in most cases. Without insurance, pills start at \$15 a pack.</p> <p><b>Other:</b> Prescriptions are valid for 12 months. Patients need to fill out a health questionnaire and chat with a physician for an assessment of risks, benefits and appropriate birth control method. Contraceptives can be prescribed to minors in CA and NY (accessible at any age) as well as all others, depending on state law (emancipated minors and minors with guardian/parental consent in all others).</p>
<a href="#">Hers</a>	18-50	California, Colorado, Connecticut, Florida, Illinois, Massachusetts, Michigan, Missouri, Montana, Nebraska, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Tennessee, Texas, Washington, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> \$5</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Pills are \$30 a pack. Insurance is not accepted.</p> <p><b>Other:</b> Prescriptions length can vary deepening on pill type. Patients need to fill out a health questionnaire.</p>
<a href="#">HeyDoctor</a>	18-50	Alaska, California, Florida, Georgia, Illinois, Kentucky, Michigan, Minnesota, Missouri, Montana, Nebraska, New Jersey, New York, North Carolina, Ohio, Pennsylvania, South Carolina, Tennessee, Texas, Vermont, Washington, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> \$15</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Check pharmacy for insurance and Medicaid coverage.</p> <p><b>Other:</b> Prescriptions are written for up to a year. Patients need to answer questions about their medical history and provide a recent blood pressure reading.</p>
<a href="#">Lemonaid</a>	18-49	Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, District of Columbia, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> \$25</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Pills start at \$15 a pack for home delivery. Check pharmacy for insurance and Medicaid coverage.</p> <p><b>Other:</b> Prescriptions are written for 12 months. Patients need to fill out a health questionnaire. Video consultation required in Alabama, Arkansas, Arizona, Delaware, Hawaii, Idaho, New Hampshire, Nevada, South Dakota, Texas, Utah, Vermont, and West Virginia. Phone consultation required in Alaska, District of Columbia, Florida, Iowa, Indiana, Kansas, Kentucky, Louisiana, Massachusetts, Maryland, Maine, Minnesota, Mississippi, North Dakota, New Jersey, New Mexico, Ohio, Oklahoma, Oregon, Rhode Island, South Carolina, and Tennessee. Messaging with a provider required in California, Colorado, Connecticut, Georgia, Illinois, Michigan, Missouri, Montana, Nebraska, North Carolina, New York, Pennsylvania, Virginia, Washington, Wisconsin, and Wyoming.</p>
<a href="#">Maven</a>	13+, users 13-17 yrs must have a parent or guardian accept the website's Term of Use on the first virtual visit	Certain states may have limitations, website recommends to inquire with the Booking department on service availability	<p><b>Consult/Prescription Fee:</b> Costs range from \$18-\$35, depending on the health provider booked</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Check pharmacy for insurance and Medicaid coverage</p> <p><b>Other:</b> Maven does not have a platform-wide policy on the length of time prescriptions are valid, and relies on practitioners to use their clinical judgment.</p>
<a href="#">Nurx</a>	13+ (depending on state law)	Alabama, California, Colorado, District of Columbia, Florida, Georgia, Illinois, Indiana, Iowa, Kentucky, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, New Jersey, New York, North Carolina, Ohio, Oregon, Pennsylvania, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, Wisconsin, Armed Forces (Americas, Europe, Pacific)	<p><b>Consult/Prescription Fee:</b> \$12</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Accepts most forms of insurance; coverage depends on plan. Pills start at \$15/month without insurance. Medicaid accepted in California, Illinois, and Texas.</p> <p><b>Other:</b> Prescriptions are valid for a year. Patients need to fill out a health questionnaire. Does not require or offer video visits.</p>
<a href="#">Pandia Health</a>	Accessible at any age, per CA state law	California	<p><b>Consult/Prescription Fee:</b> \$29 for home delivery; \$49 for pharmacy pick-up</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Pandia Health accepts most forms of insurance, including Medi-Cal. Does not accept Kaiser or TRICARE. Co-pays and deductibles vary depending on plan and brand selected. Pill packs starts at \$15/month without insurance.</p> <p><b>Other:</b> Prescriptions are valid for a year. Patients need to fill out a health questionnaire, which is reviewed by a doctor before a prescription is written. The doctor may contact the patient if there are any questions or concerns. Can apply to Birth Control Fund if cannot afford contraception. Application is reviewed by a committee and supporting documentation must be provided.</p>
<a href="#">Planned Parenthood Direct</a>	14 + (depending on state law)	Alaska, Arizona, California, Colorado, Connecticut, District of Columbia, Florida, Georgia, Hawaii, Idaho, Illinois, Maryland, Minnesota, Montana, New Jersey, New York, North Dakota, Ohio, Pennsylvania, Rhode Island, South Dakota, Texas, Utah, Vermont, Virginia, and Washington	<p><b>Consult/Prescription Fee:</b> Free for mail order. Patients who choose to have prescriptions sent to a local pharmacy pay a visit fee of \$20.</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> For mail orders, cost varies by state, starting at \$20 a pack. Insurance is not accepted for mail order. For prescriptions sent to the pharmacy, check pharmacy for insurance and Medicaid coverage.</p> <p><b>Other:</b> Prescriptions are valid for a year. Patients complete a health assessment. Video visits required in Alaska, Arizona, California, Idaho, Florida, Georgia, Maryland, New Jersey, Utah, and Vermont.</p>

# Free the Pill

<a href="#">PlushCare</a>	18+ (under 18 must have guardian approval)	Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, District of Columbia, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, West Virginia, Washington, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> free with insurance; \$99 without</p> <p><b>Insurance Coverage of Consult Fee:</b> Covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Check pharmacy for insurance coverage. Medicaid accepted only in California</p> <p><b>Other:</b> Patients need to fill out a health questionnaire. Requires video visits.</p>
<a href="#">PRJKT RUBY</a>	18+	Alabama, Alaska, Arizona, Arkansas, California, Colorado, Connecticut, Delaware, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> Free</p> <p><b>Insurance Coverage of Consult Fee:</b> N/A</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Pills are \$20 per pack. Insurance is not accepted. Can use Flexible Saving Account (FSA) card.</p> <p><b>Other:</b> Initial prescription is valid for 3 months; if there are no issues after these first 3 months, a patient can auto-refill their prescription for a year. Patients need to fill out a health questionnaire. Video consultations required in Arkansas, Hawaii, Idaho, Iowa, New Hampshire, New Mexico, Vermont, and West Virginia.</p>
<a href="#">The Pill Club</a>	12 - 44 (depending on state law)	Alabama, Arizona, California, Colorado, Connecticut, District of Columbia, Florida, Georgia, Hawaii, Illinois, Indiana, Iowa, Kansas, Kentucky, Maine, Massachusetts, Michigan, Minnesota, Missouri, Montana, Nebraska, Nevada, New Jersey, New York, North Carolina, Ohio, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Vermont, Virginia, Washington, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> Free with insurance, \$15 without</p> <p><b>Insurance Coverage of Consult Fee:</b> Covered, but may require co-pay depending on plan. The Pill Club will cover the fee if insurance does not.</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Insurance may cover medication. Without insurance, pills start at \$7 a pack. Accepts most insurance plans including Medi-CAL and Family PACT. Takes select Medicaid plans in certain states.</p> <p><b>Other:</b> Prescriptions are valid for up to a year. Patients need to fill out a health questionnaire. No video consultations offered or required.</p>
<a href="#">Simple Health</a>	13+ (depending on state law)	Alabama, California, Connecticut, Colorado, Florida, Georgia, Illinois, Iowa, Maine, Massachusetts, Michigan, Minnesota, Nebraska, New York, Ohio, Pennsylvania, South Dakota, Tennessee, Texas, Virginia, Washington, Wisconsin, and Wyoming	<p><b>Consult/Prescription Fee:</b> \$20</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Accepts major commercial insurance. Does not accept Medicaid.</p> <p><b>Other:</b> Without insurance, pills start at \$15 a month. Prescriptions written for 12 months. No video visit required. Services offered to minors 13+ (with exceptions specific to certain state laws). Offers female condoms and emergency contraception, and will let you know if they are covered by insurance before the order is processed, giving you a chance to opt out if you don't want to pay out of pocket.</p>
<a href="#">Twentyeight Health</a>	18-49	New Jersey, New York, and Pennsylvania	<p><b>Consult/Prescription Fee:</b> \$20</p> <p><b>Insurance Coverage of Consult Fee:</b> Not covered</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Accepts all major insurance including Medicaid. Without insurance, pills start at \$18 a month.</p> <p><b>Other:</b> Prescriptions are valid for a year. Automatic refills. Patients need to fill out a health questionnaire. Audio consultations offered but not required.</p>
<a href="#">Virtuwell</a>	18-34, EC offered to women 18-59	Arizona, California, Colorado, Connecticut, Iowa, Michigan, Minnesota, New York, North Dakota, Pennsylvania, South Dakota, Virginia, and Wisconsin	<p><b>Consult/Prescription Fee:</b> \$49</p> <p><b>Insurance Coverage of Consult Fee:</b> Covered, but may require co-pay or deductible depending on plan. Medicaid not accepted.</p> <p><b>Insurance Coverage of Contraceptive Product:</b> Check pharmacy for insurance coverage.</p> <p><b>Other:</b> For new users of birth control, an initial prescription is for 3 months; if there are no issues after these first 3 months, a 12-month prescription can be provided. For previous or current users of birth control, a 12-month prescription can be issued. Patients need to fill out a health questionnaire. No video consultations offered or required.</p>
<a href="#">121doc Online Clinic</a>	18+	Australia, Brazil, Israel, New Zealand, Switzerland, and UK only	
<a href="#">euroClinix</a>	18+	Australia, Brazil, Israel, New Zealand, Switzerland, and UK only	
<a href="#">FernZart</a>	18+	Germany	
<a href="#">Lloyds Pharmacy</a>	18+	UK	
<a href="#">PharmaDoctor</a>	17+	UK, Denmark, Germany, and Sweden	
<a href="#">Women Help Women</a>	n/a	Areas except: American Samoa, Antarctica, Austria, Belarus, Bouvet Island, British Indian Ocean Territory, Canada, China, Christmas Island, Cocos Islands, Czech Republic, Denmark, Germany, Greenland, Guam, Guinea Bissau, Heard and McDonald Islands, India,	
<a href="#">Women on Web</a>	n/a	Countries without access to safe abortion only	<p><b>Consult/Prescription Fee - Oral Contraceptives:</b> Donation amount of 30 to 50 euros depending on the local purchasing power of the country in which the patient is located.</p> <p><b>Other:</b> Prescription is valid for one year</p>
<a href="#">Zava</a>	18+	Germany	

Please send us your feedback if you have used these any of these sites: [freethepill@gmail.com](mailto:freethepill@gmail.com)

\* It is possible state laws and online platform policies may have changed since this chart was updated on October 21, 2019